

Industrial Insurance Chiropractic Advisory Committee (IICAC) Meeting Minutes

Date: February 17, 2011 from 8:30 a.m. to 1:30 p.m.



Final

Present: Robert Baker, DC
Clay Bartness, DC
Linda DeGroot, DC
Michael Dowling, DC, Chair
Lissa Grannis, DC
Carole Horrell
Jay Lawhead, DC
Mike Neely, DC
Bill Pratt, DC, Vice Chair
Ron Wilcox, DC
Bob Mootz, DC
Janet Blume
Reshma Kearney
Joanne McDaniel
Jason McGill

Absent: La Vonda McCandless

Guests: NA

General Business

Minutes: Moved, Seconded, and Carried (MSC): The 11/18/10 meeting minutes were ve unanimous no changes

Introductions: IICAC welcomed Mike Neely, DC, as the new member who began in January 2011. The updated contact list was distributed to everyone.

PEO Subcommittee Report:

Ron Wilcox, DC : The draft continuing education questions for the CTS and Shoulder Practice Aids will be tested as part of the two-day 4/16 and 17/2011 Grant Adams County Chiropractic Society's annual seminar in Moses Lake, WA. PEO will begin drafting CE questions for the Active Rehabilitation Practice Aid, as soon as the language is available.

Bob Mootz, DC recommended National Board approved format for all CE questions have a single answer. Avoid options like "A and B" or "all of the above". Use alternative questions like "Which one is not . . ."

The subcommittee is developing a shoulder symposium, possibly in collaboration with the Industrial Insurance Medical Advisory Committee. The goal is to teach doctors how to use the Carpal Tunnel and Shoulder Practice Aids. First presentation will likely be in conjunction with the Renton COHE on March 30, 2011.

The Chiropractic Consultant Program biennial attestation letter is receiving a good response. All respondees provided their e-mail addresses so they can be added to the new L&I Chiropractic Consultant Program list serv as soon as it's available.

PPQ Subcommittee Report:

Jay Lawhead, DC distributed the draft Active Rehabilitation Practice Aid for comment. It will be published for public comment in early March. Notice the changes to the practice aid format:

- Table of Contents for quick reference
- Glossary of terms
- Three types of exercise: stretching, conditioning and strengthening, and neural reeducation

The project's consultants have provided additional studies that were not previously identified in the initial literature review.

In general, the literature suggests that with few exceptions, no outcomes advantages have been reported for specific exercise regimens over others, or activity in general. Simple, self-managed programs appear more helpful than intensive programs in the earlier stages of care. Incrementally increasing exercise and activity levels is an important element in active rehabilitation for most low back conditions. Studies have reported that approaches that use directional preference to centralize radicular pain may help predict a better outcome when using directional exercise therapy (eg, McKenzie). In more chronic stages, intensive programs such as work hardening may be useful.

Department Updates:

Bob Mootz, DC presented to the February Chiropractic Quality Assurance Commission (CQAC) meeting on IICAC's work products (practice aids, continuing education, and others). He pointed out the extensive clinical, scientific, and scholarly work involved in the IICAC's work to develop evidence-based practice aids and education programs to reassure the commission that the CE credit given to members is for high quality relevant work to create these products exceeds the number of credit hours given.

Amendments to both the IICAC and IIMAC RCWs require a report to the legislature later this year. Bob Mootz and Simone Javaher are collaborating with the IICAC and IIMAC chairs to develop this report.

Several L&I related bills are being considered this legislative session. Jason Mc Gill shared:

- SB5582 Administrative Efficiencies: L&I won't send paper copies of documents to doctors that can be obtained in the Claim and Account Center.
- Workers Compensation Reform has been separated into two bills: Governor may make more changes.
 - The original bill was developed over several months with the Governor's interim Business and Labor temporary committee. Their recommendation to the governor helped her decide on the final bill's content:
 - Treatment guidelines
 - Expanding best practice development, research and testing, plus a tracking system.
 - A statewide Provider network which gives L&I authority to limit providers with patterns of poor care outcomes or risk of harm
 - Tier 2 doctors agree to higher standards and use of best practice guidelines. They may get incentive pay, quality indicator measurement, training, however, the statute contains no details.
 - Expanding COHE to statewide by 2015 to assure every injured worker in Washington has access to a COHE provider. The goal is two new COHEs in areas needing service by 2013.

An advisory group will be formed to implement these changes if they pass. The chairs of both the IICAC and IIMAC have been in discussions with the department regarding this advisory group.

Bills proposing changes to pension procedures and vocational rehabilitation are supported by the governor, but have no consensus from Business and Labor.

On April 28, 2011, there may be a joint IIMAC and IICAC meeting at the SeaTac airport for the new advisory committee including chairs and vice chairs from both IICAC and IIMAC. Keep it open for the IICAC meeting that will replace the previously scheduled 5/19/2011 IICAC meeting.

HB1311 supports collaborative private and public payers for guidelines and how to use them. Three topics would be developed each year, rotating members and specialists based on the topics. Features include:

- Prospective and academic research on evidence based medicine
- Establishment of registries to allow follow up and outcomes tracking per protocol
- Comparative effectiveness studies.

Agenda Planning for the next meeting:

- PPQ: Vote on the Active Rehabilitation Practice Aid following public comment period
- PEO: Draft CE questions for the Active Rehabilitation Practice Aid; seminar plans
- Joint meeting with IIMAC for new Advisory Committee
- Report to Legislature